



50 Quick Style Fixes for Instant Confidence

Below are **50 Quick Style Fixes** for
Instant Confidence

These are **sure** to give you a quick boost of self-
assurance and style.

Tips include using:

Accessories
Clothing Tweaks
Posture and Body Language
Shoes
Grooming and Beauty
Mindset and Self Image



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Accessories – one of the fastest ways to elevate an outfit is to add accessories. See below to add one or two, just make sure to not go overboard with accessories or you risk overdoing it.

1. **Add a Statement Necklace:** A bold necklace can instantly elevate any outfit.
2. **Wear Hoop or Bold Earrings:** They draw attention to your face and add instant flair.
3. **Layer Delicate Necklaces:** Multiple necklaces add a touch of elegance and individuality.
4. **Switch to a Bold Handbag:** A bright or patterned bag can liven up a neutral outfit.
5. **Add a Belt:** **Cinching** the waist with a belt can create an hourglass silhouette.
6. **Stack Bracelets or Bangles:** These can make a simple outfit feel more styled.
7. **Wear a Hat:** A fedora or stylish cap adds instant personality to any outfit.
8. **Swap Basic Sunglasses for Statement Ones:** Fun frames can elevate your overall look.
9. **Incorporate a Silk Scarf:** Tie it around your neck, hair, or handbag for a chic, polished touch.
10. **Opt for a Bold Lipstick:** A pop of color on your lips instantly brightens your face.



Clothing Tweaks - There are so many small things you can do without adding a lot of clothing to your wardrobe in order to change up a piece of clothing. See below for some smart ideas.

1. **Tuck in Your Shirt:** A simple tuck can make your outfit look more put together.
2. **Add a Third Piece (e.g., blazer, jacket, scarf):** It completes the outfit and adds layers of style.
3. **Switch to High-Waisted Pants:** They elongate the legs and define the waistline.
4. **Cuff Your Jeans:** Rolling up your jeans creates a relaxed but intentional vibe.
5. **Wear a Monochromatic Outfit:** Dressing in one color creates a streamlined, chic look.
6. **Knot the Hem of a Shirt:** Adds a casual but stylish twist to a basic top.
7. **Switch to a Fitted Jacket or Blazer:** Structured outerwear elevates any look.
8. **Swap Your Flats for Heels:** Heels (even small ones) can instantly improve posture and confidence.
9. **Try a Half-Tuck:** Tucking just the front of your top creates a modern, effortless look.
10. **Add a Pop of Color:** Whether through a bright top or accessory, color makes a confident statement.



Posture & Body Language – these are my ‘no cost’ tips for immediately boosting your image. These should all be incorporated daily – do these and you will experience maximum impact!

1. **Stand Tall:** Good posture exudes confidence—keep your shoulders back and your spine straight.
2. **Walk with Purpose:** Stride confidently, making eye contact with those around you.
3. **Engage Your Core:** It improves posture and makes you look more poised.
4. **Smile:** A genuine smile can make you feel instantly better and more approachable.
5. **Pull Your Shoulders Back:** It opens up your body language, signaling confidence and poise.
6. **Relax Your Hands:** Let your arms move naturally by your sides for a relaxed, confident presence.
7. **Keep Your Chin Up:** Looking ahead, not down, shows confidence and boosts your mood.
8. **Take Slow, Measured Steps:** Avoid rushing—walking slowly makes you appear composed and confident.
9. **Maintain Eye Contact:** It shows that you're comfortable and engaged.
10. **Avoid Crossing Your Arms:** Keep your arms open to show you're confident and approachable.



Shoes – I have always maintained that your shoes can make an outfit. Buy the best shoes you can afford and take care of your shoes. A good shoe can elevated even the most simple outfit.

1. **Wear Shoes with a Pointed Toe:** Pointed-toe shoes elongate the legs and elevate any outfit.
2. **Swap Sneakers for Stylish Flats or Loafers:** Instantly make casual outfits look polished.
3. **Add Ankle Boots:** They add edge and structure, making an outfit look more deliberate.
4. **Opt for Nude Shoes:** Shoes that match your skin tone elongate your legs.
5. **Try Heeled Sandals or Boots:** Even a small heel can improve your posture and confidence.
6. **Polish Your Shoes:** A well-maintained pair of shoes shows attention to detail and boosts confidence.
7. **Choose Block Heels:** Comfortable yet stylish, they give height without sacrificing stability.



Grooming & Beauty - it's not hard these days to find good tips and tutorials on grooming and beauty, just check out social media if you have questions on the best foundation or shampoo for your skin and hair, for example.

1. **Add a Touch of Highlighter:** A little glow on your cheekbones gives a fresh, radiant look.
2. **Fill in Your Brows:** Defined brows frame your face and add an instant polished effect.
3. **Wear Your Hair in a High Ponytail or Bun:** These styles lift your features and create a sleek appearance.
4. **Change Your Part:** A side part can change the whole vibe of your look.
5. **Apply a Tinted Moisturizer or BB Cream:** Evens skin tone for a fresh, natural glow.
6. **Exfoliate Lips:** Smooth lips make any lip color pop and look flawless.
7. **Add a Quick Spritz of Perfume:** Scent can instantly change your mood and boost confidence.
8. **Apply Mascara:** Even just mascara can open up your eyes and make you feel more put together.



Mindset & Self-Image - perhaps the biggest change you can make is in your mindset. My program dives into mindset coaching but below are a couple of easy tips to get started

1. **Set a Daily Style Intention:** Before dressing, ask yourself how you want to feel today (e.g., powerful, playful).
2. **Wear What Makes You Happy:** Choose an item that brings joy and confidence.
3. **Embrace Your Best Feature:** Highlight what you love about yourself—whether it's your smile, waist, or legs.
4. **Visualize Confidence:** Before you leave the house, take a moment to visualize yourself feeling confident and comfortable.
5. **Say an Affirmation While Dressing:** A positive mantra like, "I am powerful and beautiful," can set the tone for the day.

These quick fixes are designed to offer an instant boost in style and self-confidence. They can be used individually or together for a transformative effect to help YOU feel more empowered in your style choices.



If you like these quick fixes and want to continue to elevate your self image but don't know where to start?
Work with me and I will show you how.

3 Ways to Work With Me

Bloom Community - a community of like minded women who gather weekly on Zoom to tackle style challenges, meet at in person events and support each other daily in a FB Group

1:1 Private Coaching - a 12 week coaching program tailored to you with weekly private coaching calls to support you in your endeavor to elevate your personal style. This 90 day to a more confident you!

Elevate me DIY - a downloadable program with step by step instructions for you to through your self image plan at your own pace.

Still need help figuring out the best fit? Set up a Discovery call [with me here!](#)